

CARSON HIGH SCHOOL



GUIDELINES AND EXPECTATIONS OF PARENTS AND ATHLETES

2012-2013
Revised May 2012

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Carson High School Athletics
Home of the Senators
1111 N. Saliman Rd
Carson City, NV 89702
775-283-1900

Dear Parents(s) or Guardians(s):

On behalf of the Athletic Department at Carson High School, thank you for your son/daughter's involvement in our athletic program. We look forward to a rewarding experience for your child at Carson High School.

This handbook, "Guidelines and Expectations of Parents/Athletes" accompanies the athletic packet to assist you in your review and completion of the packet. I hope to have made this booklet all encompassing to give you complete information regarding athletic participation and rules/regulations related to athletics, not only at CHS but within the Carson City School District as well.

The athletic packet is also accessible on our school website at <http://www.carsonhigh.com>. (Click Activities → Parent-Athlete Handbook) *All students-athletes at Carson High School must complete the packet and have an physical examination every two years performed by a medical doctor.* Please note that all sections of the student athletic/activities packet must be completed and signed by both the parent/guardian and student. Your signature indicates that you have read, understand, and agree with the information and/or your answers, and that to the best of your knowledge your information or answers are complete and accurate.

Included with the student athletic/activities packet is information about the concussion testing. Students who are participating in contact sports, such as: football, soccer, wrestling, softball, baseball, basketball and pole vaulting are required to take the concussion test. To offset the costs of the program, a one time fee of \$5.00 is required at the time the CHS student athletic/activities packet. Information on the concussion policy is located on page 15 in the handbook.

On page 9 of this handbook, you will also find a letter from the Nevada Interscholastic Activities Association. As you read this information, it will better explain the reasons that student history and a physical are so important.

Carson High School has adopted CCSD Regulation #534 regarding Random Urine Drug Testing of Carson High Athletes. A full explanation of this Regulation can be found on the Carson High website and the Carson City School District web site.

Robert Bateman
Athletic Director
Carson High School

Information, Guidelines, and Expectations of Parents and Athletes

The administration of Carson High School understands that being a parent/guardian is often challenging and that being a parent/guardian of an athlete further complicates this effort and responsibility. The following information, within guidelines and expectations, will give some insights into this responsibility.

The Player – Coach Relationship:

The player-coach relationship is perhaps the most critical relationship in athletics and a parent can play a major role in cultivating this positive, yet delicate relationship. Parents have the opportunity to positively or negatively affect the player-coach relationship and must consider the importance of encouraging successful interactions. While one may not agree with all decisions made by a coach, how and when one expresses these feelings can have a definite effect upon the athlete. Regardless, the thoughts and convictions of each parent will undoubtedly be brought to each game and practice through their student athlete and thus will greatly affect this delicate relationship.

The Parent – Coach Relationship:

The administration and coaching staff of Carson High School feel that parental/guardian support is essential to the overall success of the student athletes. We understand every parent/guardian is concerned about their child's welfare, and wants the best for his/her. However, by allowing the coach to instruct and guide the team without interference is extremely important for individual and team success.

Knowing when to discuss questions, concerns, or any specific situation is imperative for both individual and team success. If you have questions or concerns about a particular program or situation, please do not approach the coach during practice, immediately after practice or even at the conclusion of the contest. These may be very emotional times for all participants. Parents/guardians are encouraged to call and make an appointment for a later date in order to discuss the situation in a calm, courteous, and logical manner.

Finally, each coach will have the responsibility to conduct a brief meeting with his/her athletes at the conclusion of each contest, thus possibly delaying when the athletes depart. These meetings will be brief in nature and will allow coaches and their athletes to discuss the contest, upcoming events, and lessons to be learned. Allow for this time as plans are being made for pick-up and departure times.

Relationship between Spectator and Cheerleaders:

Cheerleaders attempt to infuse spirit into the fans/spectators and to lead them in selected cheers. While the emotion and environment at each athletic contest can be extremely exciting, cheerleaders must be allowed to direct and control these aspects. Parental and spectator support is however, both encouraged and appreciated.

Athletic Chain of Command:

Carson High School asks that parents and athletes utilize the following chain of command when discussing ideas, problems, or concerns:

1. Primary Coach
2. Head Program Coach
3. Athletic Director
4. Athletic Administrator
5. Principal

Responsibility of an Athlete:

1. Understand that the team's goals, welfare and success must come before those of each athlete.
2. Consistently attend practice sessions. *This also includes weekend and holiday periods.
3. Maintain excellent physical condition.
4. Be receptive to coaching and follow instruction given regarding such things as diet, work ethic, and needed sleep.
5. Report all injuries to the coach and athletic trainer immediately.
6. Avoid use of alcohol, drugs, and tobacco.
7. Care for equipment and return all equipment at the conclusion of each season.
8. Have all participation documents filed with the Athletic Director on time.
9. Maintain a positive attitude at all times.

Each athlete should know, understand and refrain from participation at all times in the following:

Sexual Harassment is a form of gender discrimination that consists of unwelcome verbal, electronic, or physical interaction between two or more people. Harassment can happen between people of the same gender or people of different genders.

Hazing is any action or activity which inflicts physical or mental harm or anxiety or which demeans, degrades or disgraces a person, regardless of location, intent or consent of participants. Including but not limited to any type of social networking, harassment, threats, etc. will not be tolerated at Carson High School.

Athletes must also remember that they are ambassadors and representatives not only of them, but also of their coaching staff, parents, and school officials. Furthermore, rules of the contest and of those who administer them must be respected at all times.

Classroom Assignments:

Athletics should NEVER be used as an excuse to avoid responsibilities in the classroom. Participation in athletics is a privilege, not a right thus academics must come first. In addition, athletes must be in attendance the day of an interscholastic activity in order to participate. The Athletic Administrator or Principal shall handle exceptions.

Attendance:

A. POOR ATTENDANCE

1. Absence – Any student absent from class on the day of an activity or the day prior to a weekend activity will not be permitted participation that day or evening unless an excuse has been granted, **in advance** by the Athletic Administrator or .
2. Truancy – Any student who is declared truant will be ineligible for a period of one (1) week after the truancy is discovered.

B. GOOD CITIZENSHIP

OFF-SEASON SPORT/CONDITIONING

STUDENT:

I am aware playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY, I understand that the dangers of risks of playing or practicing to play/participate in an off-season sport/conditioning program include, but not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, serious injury or impairment to other aspects of my body, general health, and well-being. I understand that the dangers and risks of playing or practicing to play/participate in an off-season sport/conditioning program may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in a sporting activity, I recognize the importance of following coaches' instructions regarding playing techniques, training, and other team rules, etc., and agree to obey such instructions.

In consideration of the Carson City School District permitting me to participate in an off-season sport/conditioning program and to engage in all activities related to said program, I hereby assume all risk associated with participation and agree to indemnify, defend and hold the Carson City School District, its Trustees, employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions causes of action, debts, claims or demands of any kind and nature whatsoever which may arise by or in connection with my participation in an off-season sport/conditioning program.

The terms hereof shall serve as a release and assumption of risk for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

PARENT/GUARDIAN

I affirm that I am the parent/legal guardian of the previously mentioned student. I have read the student warning and release and understand its terms. I understand that all sports can involve RISK OF INJURY, including, but not limited to, those risks outlined in the Student section.

In consideration of the Carson City School District permitting my child/ward to participate in an off-season sport/conditioning program and to engage in all activities related to said program, I hereby agree to indemnify, defend, and hold the Carson City School District, its Trustees, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims or demands of every kind and nature whatsoever related to an off-season sport/conditioning program.

I certify that my child/ward has no ailment or organic defect that would make participation in a sport activity dangerous in his/her health. I also certify that there is a current physical on file with the school clearing my child/ward to participate in an off-season/conditioning program.

A STUDENT MUST BE COVERED BY INSURANCE TO PARTICIPATE (EITHER FAMILY COVERAGE OR INSURANCE PURCHASED FROM THE SCHOOL).

The terms hereof shall serve as a release for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

BECAUSE WE WILL BE USING AN OFF CAMPUS FACILITY (WAREHOUSE, ETC.) ANY DAMAGE DONE TO THIS FACILITY BY YOUR CHILD WILL BE YOUR FINANCIAL AND LEGAL RESPONSIBILITY.

ELIGIBILITY REQUIREMENTS

Students participating in the Interscholastic Athletic Program are governed by the rights, protection and responsibilities are prescribed by the Nevada Interscholastic Activities Association (NIAA) Handbook, Carson City School District Policies and Regulations and the Carson High School Rules and Regulations. They also need to abide by the NIAA Statewide Drug & Alcohol Program.

Participants are required to conform to the rules and regulations of the school and the NIAA and to conduct themselves in a safe and sportsmanlike manner. Violators are subject to probation, suspension or expulsion.

REQUIREMENTS

PRIOR TO PARTICIPATION IN PRACTICE OF ATHLETIC CONTESTS, A STUDENT MUST FOR EACH ACADEMIC YEAR:

1. **PHYSICAL EXAMINATION – Form B & D (Physicals) are required freshman & junior years or first & third years of participation on an athletic team. Form E needs to be completed sophomore & senior years or second & fourth years of participation on an athletic team.**

In those instances where religious beliefs of a student prohibit submission to a physical examination, the student, the student's parent(s) or legal guardian(s) shall execute a release which includes indemnification and hold harmless language relieving the member or affiliate school, school district, conference and NIAA from all liability which may arise as a result of the student's participation in that particular sport.

Who can administer athletic physicals in the State of Nevada?

- a. A physician who is licensed pursuant to [chapter 630](#) of NRS;
 - b. A homeopathic physician who is licensed pursuant to [chapter 630A](#) of NRS;
 - c. An osteopathic physician licensed pursuant to [chapter 633](#) of NRS;
 - d. A chiropractor who is licensed pursuant to [chapter 634](#) of NRS;
 - e. An advanced practitioner of nursing licensed pursuant to [chapter 632](#) of NRS; or
 - f. A physician assistant licensed pursuant to [chapter 630](#) or [633](#) of NRS or certified pursuant to [chapter 630A](#) of NRS;
2. **INSURANCE**
A student must be covered by the school's athletic injury insurance or have on file, in the Athletic Office, a statement declaring evidence of insurance coverage.

3. **FOOTBALL HELMET WARNING**

When students are issued their helmets, they are instructed at that time to read the warning label on the helmet.

4. **STUDENT/ATHLETE REGISTRATION FORM, HOLD HARMLESS AGREEMENT & ATHLETIC REGULATIONS AGREEMENT AND ASSUMPTION OF RISK AGREEMENT**

A student will have on file in the athletic office a signed Student/Athlete Registration Form and Athletic Regulations Agreement and Assumption of Risk.

ELIGIBILITY FOR PARTICIPATION IN INTERSCHOLASTIC ATHLETICS and ACTIVITIES: (Please Read Carefully)

A high school student must:

6. Be a student of the 9th, 10th, 11th, or 12th grade.
7. Be under 19 years of age on September 1 of the year in which he/she participates.
8. Have been enrolled in a high school in the semester of participation **no later than twenty days after the beginning of the semester.**
9. Meet all NIAA and Carson High enrollment and academic requirements.
10. Be enrolled in the required number of credits during the semester of participation; the number of enrolled classes must equal two (2) credits equivalent to 4 classes for seniors (remember Seniors, if you drop to three (3) classes, you will be ineligible) with 3 credits equivalent to 6 classes for 9, 10, and 11th grades. There are 4 grading periods in a year.
11. Student must have earned at least two (2) units of credit during the previous semester.
12. Maintain an academic GPA of a minimum 2.0 without Failures (F) from the previous 9 weeks, semester or quarter and a passing citizenship grade in ALL courses during the sports season. Students failing to do this will be ineligible and must follow the ineligibility policy set forth by the CHS Athletic Policy – available online.
13. Students must reside with parents, the parent with legal custody or a guardian appointed during a hardship case.
14. Not have transferred from one high school district to another without a corresponding change in residence on the part of his/her parents.
15. **Be entitled to four (4) consecutive years of participation after entering the ninth; eight (8) consecutive semesters.**
16. Not participate in more than one sport during any sport season.
17. Transfer to another sport in any sport season if he/she transfers prior to the first scheduled contest or game after being registered with the NIAA.
18. Not take part in a contest on an independent team in the same sport after becoming a member a school squad.

1. Not accept any award of material value for athletic participation other than those given by the school or the association or approved by the Board of Control.
2. Be in good standing and not under current suspension or expulsion from any school.
3. All students athletes who are suspended from Carson High School or any other school are not allowed to participate in extra curricular/sports, including practice, during the suspension term.
4. **Attend all classes on the day of the scheduled event or attend all classes the last school day prior to a scheduled event. Any recorded absence will result in being ineligible for the schedule event. The student can have an absence waived if they provide professional proof that the absence was for a doctor's appointment by the end of the school day prior to the scheduled event.**
5. All student athletes and parents/guardians must view the NIAA Drug, Alcohol and Tobacco Possession Policy video.

In addition, any student/athlete who is arrested and awaiting court action will not be allowed to participate on any team until the alleged violation is resolved in the court system. Students in violation of these guidelines will be subject to suspension and due process.

Transportation:

Students are required to ride the activity bus to and from each athletic contest of activity. Alternate travel from the activity must be **arranged FORTY EIGHT (48) hours prior** to leaving for the activity. The Parent Release Form to Pick Up Student(s) requesting the change of transportation must be submitted first to the Coach then the Athletic Director or Administrator of the activity. Upon their approval, the student may then leave after the activity with the approved party. This alternate means of travel can be completed with the release of the student to a parent or guardian only. **(A student is NOT allowed to ride home with a friend or anyone under the age of 18).**

The Parent Release Form to Pick Up Student(s) can be downloaded from the Carson High School Web. Click Activities → Student Athletic Packet → Forms.

Your signature on Section 1 of the “*Student/Athlete Registration Form*” indicates that you have read, understand and agree to the conditions and requirements listed for participation in athletics or activity at Carson High School.

FORM A

Dear Parent or Guardian:

Enclosed is an information packet for your child's sport's history and physical examination. The purpose of this exam is to detect any conditions that may increase your child's risk of injury or death while practicing or competing in his or her sport. Although there are many beneficial aspects of participating in high school sports (improved self-image, self-motivation and health habits), as with any activity there are some associated risks. Overall, the risk of death in high school sports is extremely low; fewer high school students die due to their sports each year than in automobile accidents. In recent years there have been averages of 20 to 40 non-traumatic deaths in high school sports each year, or one per 100,000 to 200,000 student athletes per year.

The major causes of non-traumatic deaths in sports are heart problems, with a syndrome called "Hypertrophic Cardiomyopathy (HCM)" being the most common. Fortunately, not all athletes with HCM are at risk for sudden death. Our goal is to identify those student-athletes who may be at risk. Currently, the method of doing this is by having a physician perform a specific "Pre-participation Exam" (PPE). By taking the appropriate history and performing the appropriate physical, we can detect some of the student-athletes at risk for sudden death. Unfortunately, this is not a perfect system and some athletes with HCM will be missed and many others without HCM or other heart problems will be referred for further tests, which will turn out to be normal.

Other parts of the history and physical focus on areas that may not lead to death but are more commonly associated with problems. The musculoskeletal and neurologic history and exam is critical in detecting old injuries or other problems that need special attention in order to prevent future injuries.

The final role of the PPE is to provide the student-athlete with a chance to ask a physician health related questions and receive some health counseling. While this exam is very limited and should not replace a regular visit to his or her personal doctor, the limited contact that young adults have with doctors is a recognized fact. Therefore, this provides a much-needed opportunity for young athletes to have contact with a physician.

We hope that this letter explains some of the reasons that this history and physical are so important and we urge you to take the time to complete the history form carefully.

Published by the NIAA Sports Medicine Advisory Committee.
Approved: February 2000

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all members and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

The regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***

- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete’s physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:
1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d)(1)(A) and (d)(1)(B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
 2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student’s parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student’s high school career.
 4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his/her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effects of Suspensions: Multiple suspensions of a student athlete’s eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete’s high school career, 9th through 12th grade.

- b. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - i. The completion of a video program specific to the nature of the student athlete’s offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and/or district with support through the NIAA office.

Both the student/athlete and the parents or legal guardians are required, prior to participation, to sign the “PARENT/LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT” contract (Section 3 of the “Student/Athlete Registration Form”).

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT
ADMINISTRATIVE REGULATION NO. 547 PUPILS**

ANTI-HAZING

Definitions

“**Hazing**” means any action taken or situation created that causes, or is reasonably likely to cause, harassment, bodily danger or physical harm, serious mental or emotional harm, extreme embarrassment or ridicule, or personal degradation or loss of dignity to any student or other person associated with the school.

Consent is no defense to hazing: i.e. the implied or expressed consent of a person or persons to hazing shall not be defense to discipline under this policy.

“**Related initiation activity**” means any method of initiation or pre-initiation into a student organization, club or team, or any pastime or amusement engaged in with respect to such club, or team that causes or is reasonably likely to cause, bodily danger or physical harm, serious mental or emotional harm, extreme embarrassment or ridicule, or personal degradation or loss of dignity to any student or other person associated with the school.

The terms “**hazing**” and “**related initiation activity**” do not include customary athletic events, intramural activities or similar student contests or competitions.

“**Conspire to engage in hazing**” means to plan, encourage, fail to prevent or fail to report hazing and related initiation activities prohibited by this policy.

Prohibited Conduct

Activities that may be construed as hazing under this policy include, but are not limited to, the following:

- Any act that involves physical brutality or physical aggression that causes or is reasonably likely to cause bodily danger or physical harm to an individual.
- Any act that involves forced consumption of food, alcohol, drugs or other substance, or any other forced physical activity that could adversely affect the physical health or safety of an individual.
- Any activity that would subject an individual to extreme mental stress, embarrassment or emotional harm, or any other forced activity that could adversely affect the mental health or dignity of the individual.

Examples of Hazing

- Any activity that might reasonably bring physical harm to an individual, such as whipping, beating, paddling, taping or otherwise restraining students against their will, including forced calisthenics.
- Activities that unreasonably interfere with a student’s academic efforts by causing exhaustion, prolonged loss of sleep or loss of study time.

REGULATION NO. 547 – CONTINUED

Examples of Hazing Cont.

- Degrading or humiliating games, pranks, stunts, practical jokes or other activities that make a student the object of amusement, ridicule or intimidation.
- Coercing or permitting students to drink alcohol or consume illicit drugs or controlled substances.
- Forcing, coercing or permitting students to eat or drink foreign or unusual substances or foods.
- Applying whipped cream, shaving cream, toothpaste or other substances to an individual’s body.
- Requiring personal servitude.
- Requiring students to wear uncomfortable, ridiculous or embarrassing clothing.
- Requiring students to participate in vandalism, theft, assault, sexual acts or other criminal activity.
- Causing indecent exposure of any other gross and lewd behavior involving nudity.
- Subjecting an individual to cruel or unusual psychological conditions for any reason.
- Compelling an individual to participate in any activity that is illegal, perverse, publicly indecent, contrary to the individual’s genuine moral or religious beliefs or contrary to the rules of the School District.

Adopted: August 24, 2004

Both the student/athlete and the parent of legal guardians are required, prior to participation to sign the “ANTI-HAZING” agreement (section 6 of the “Student/Athlete Registration Form).

CONCUSSION POLICY

Dear Parent/Guardian:

Carson High School will utilize the ImPact Concussion Management software program on student athletes participating in selected sports offered at Carson High School. The intent of this program is to reduce the risk of injury to your son or daughter due to concussions.

Students who participate in a violent contact sport, football, soccer, wrestling, basketball, baseball, softball, spirit team, and pole vault will be required to perform the Concussion test before the season begins. The cost of the annual fee is \$5.00 to cover all expenses for the test and follow-up, if necessary.

ImPact Concussion is a computerized test that measures “cognitive” functions such as reaction time, attention and memory. Each athlete will take a test prior to the season. If your child is concussed during the season he/she will perform another test, which will be compared to the pre-season results. The test results will be sent to your local physician or team doctor, and will help the doctor to determine when it is safe for your child to return to play.

Our High School has decided to use this program because we value the health and safety of your child

If you have any questions regarding this program, please feel free to contact the Carson High School Athletic Department at 283-1900.

Sincerely yours,

Bob Bateman
Athletic Director

Your signature on Section 1 of the “Student/Athlete Registration Form” indicates that you have read, understand and will meet the insurance requirements for participation in athletics at Carson High School.

All students coming from outside of the Carson City School District must provide a copy of their last report card or transcript with grades from the prior semester

Athletes that have played for another high school must be cleared through that school and the NIAA using the NIAA’s Transfer Eligibility form.

Athletes will not be eligible to play until grades are provided and verified.

Please submit official grades to:

Registrar
Carson High School
1111 N. Saliman Rd
Carson City, NV 89702
775-283-1918
775-283-1791 (Fax)

Insurance Coverage

The Carson City School District requires that a student **MUST BE COVERED** by health insurance in order to participate in interscholastic athletics. Family coverage or individual insurance is acceptable. (CHS provides information from a company that provides low cost insurance. The information and rate brochure may be obtained from the CHS athletic department).

Your signature on Section 1 of the “*Student/Athlete Registration Form*” indicated that you have read, understand and agree to the following: *I hereby certify that I have read and understand the eligibility guidelines as printed and make application for permission to participate in the interscholastic activities program which is sponsored by the Carson City School District and the Nevada Interscholastic Activities Association. I understand that in order to be eligible for participation I must comply with all requirements listed.*

RANDOM URINE DRUG TESTING OF CARSON HIGH SCHOOL ATHLETES

Statement of Need and Purpose

Recognizing that observed and suspected use of alcohol and illicit drugs by Carson High School students is a serious concern, a program of deterrence will be instituted as a pro-active approach to a truly drug free school. Likewise, students using illegal drugs pose a threat to their own safety, as well as to that of other students. The purpose of this program is fourfold:

For more explanation of this Regulation, please log onto the Carson City School District website at www.carsoncityschools.com.

Contact Information

Athletic Office

CHSAthletics@carson.k12.nv.us

Athletic Administrator	Pat Houlihan	phoulihan@carson.k12.nv.us
Athletic Director	Bob Bateman	bbateman@carson.k12.nv.us
Athletic Secretary	Kathy Taylor	ktaylor@carson.k12.nv.us

Coaches and Sports

Fall Season

(from about August 13 – November 10, 2012)

Sport	Teams	Head Coach
Football	Fresh-JV-Varsity	Blair Roman
Cross Country	JV-Varsity	Pete Sinnott
Boys’ Soccer	JV-Varsity	Mahdi Samii
Girls’ Soccer	JV-Varsity	Greg Lehman
Boy’s Tennis	JV-Varsity	Pat Caufield
Girl’s Tennis	JV-Varsity	Diane Baker Roberts
Girl’s Golf	Varsity	Jeff Rispin
Volleyball	Fresh-JV-Varsity	Robert Maw
Spirit	JV-Varsity	Marissa Beck

Winter Season

(from about November 10, 2012 – February 23, 2013)

Sport	Teams	Head Coach
Girls’ Basketball	Fresh-JV-Varsity	Todd Ackerman
Boys’ Basketball	Fresh-JV-Varsity	Carlos Mendeguia
Wrestling	JV-Varsity	Tim McCarthy
Spirit	JV-Varsity	Marissa Beck

Spring Season

(from about February 23 – May 18, 2013)

Sport	Teams	Head Coach
Baseball	JV-Varsity	Cody Farnworth
Softball	JV-Varsity	
Boy’s Golf	Varsity	Jeff Rispin
Swimming/Diving	Varsity	Monica Weaver
Track	JV-Varsity	Robert Maw

Additional Information on the Web

CHS Web site	http://www.carsonhigh.com
NIAA	http://www.niaa.com