

CARSON HIGH SCHOOL



GUIDELINES AND EXPECTATIONS OF PARENTS AND ATHLETES

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Carson High School Athletics
Home of the Senators
1111 N. Saliman Rd
Carson City, NV 89702
775-283-1900

Dear Parents(s) or Guardians(s):

On behalf of the Athletic Department at Carson High School, thank you for your son/daughter's involvement in our athletic program. We look forward to a rewarding experience for your child at Carson High School.

This handbook, "Guidelines and Expectations of Parents/Athletes" accompanies the athletic registration. I hope to have made this booklet all encompassing to give you complete information regarding athletic participation and rules/regulations related to athletics, not only at CHS but within the Carson City School District as well.

Register My Athlete is also accessible at: <http://www.registermyathlete.com>. (Create Account, if you do not already have one.) *All students-athletes at Carson High School must complete the registration and have a physical examination every two years performed by a medical doctor.* The NIAA Pre-Participation History Form B and the NIAA Pre-Participation Physical Evaluation Form D, can be found on the Carson High site and on "registermyathlete.com. Please note that all sections of the student athletic/activities must be completed and signed by both the parent/guardian and student. Your signature indicates that you have read, understand, and agree with the information and/or your answers, and that to the best of your knowledge your information or answers are complete and accurate.

Included with the student registration is information about the concussion testing. All athletes are required to take the concussion test. To offset the costs of the program, a one-time fee of \$5.00 is required at this time. Information on the concussion policy is located on page 15 in the handbook.

Carson High School has adopted CCSD Regulation #534 regarding Random Urine Drug Testing of Carson High Athletes. A full explanation of this Regulation can be found on the Carson High website and the Carson City School District web site.

Blair Roman
Athletic Director
Carson High School

Information, Guidelines, and Expectations of Parents and Athletes

The administration of Carson High School understands that being a parent/guardian is often challenging and that being a parent/guardian of an athlete further complicates this effort and responsibility. The following information, with guidelines and expectations, will give some insights into this responsibility.

The Player – Coach Relationship:

The player-coach relationship is perhaps the most critical relationship in athletics and a parent can play a major role in cultivating this positive, yet delicate relationship. Parents have the opportunity to positively or negatively affect the player-coach relationship and must consider the importance of encouraging successful interactions. While one may not agree with all decisions made by a coach, how and when one expresses these feelings can have a definite effect upon the athlete. Regardless, the thoughts and convictions of each parent will undoubtedly be brought to each game and practice through their student athlete and thus will greatly affect this delicate relationship.

The Parent – Coach Relationship:

The administration and coaching staff of Carson High School feel that parental/guardian support is essential to the overall success of the student athletes. We understand every parent/guardian is concerned about their child's welfare, and wants the best for him/her. However, by allowing the coach to instruct and guide the team without interference is extremely important for individual and team success.

Knowing when to discuss questions, concerns, or any specific situation is imperative for both individual and team successes. If you have questions or concerns about a particular program or situation, please do not approach the coach during practice, immediately after practice or even at the conclusion of the contest. These may be very emotional times for all participants. Parents/guardians are encouraged to call and make an appointment for a later date in order to discuss the situation in a calm, courteous, and logical manner.

Finally, each coach will have the responsibility to conduct a brief meeting with his/her athletes at the conclusion of each contest, thus possibly delaying when the athletes depart. These meetings will be brief in nature and will allow coaches and their athletes to discuss the contest, upcoming events, and lessons to be learned. Allow for this time as plans are being made for pick-up and departure times.

Relationship between Spectator and Cheerleaders:

Cheerleaders attempt to infuse spirit into the fans/spectators and to lead them in selected cheers. While the emotion and environment at each athletic contest can be extremely exciting, cheerleaders must be allowed to direct and control these aspects. Parental and spectator support is however, both encouraged and appreciated.

Athletic Chain of Command:

Carson High School asks that parents and athletes utilize the following chain of command when discussing ideas, problems, or concerns:

1. Primary Coach
2. Head Program Coach
3. Athletic Director
4. Athletic Administrator
5. Principal

Responsibility of an Athlete:

1. Understand that the team's goals, welfare and success must come before those of each athlete.
2. Consistently attend practice sessions. *This also includes weekend and holiday periods.
3. Maintain excellent physical condition.
4. Be receptive to coaching and follow instruction given regarding such things as diet, work ethic, and needed sleep.
5. Report all injuries to the coach and athletic trainer immediately.
6. Avoid use of alcohol, drugs, and tobacco, or tobacco products.
7. Care for equipment and return all equipment at the conclusion of each season.
8. Have all participation documents filed with the Athletic Director on time.
9. Maintain a positive attitude at all times.

Each athlete should know, understand and refrain from participation at all times in the following:

Sexual Harassment is a form of gender discrimination that consists of unwelcome verbal, electronic, or physical interaction between two or more people. Harassment can happen between people of the same gender or people of different genders.

Hazing/Social Media is any action or activity which inflicts physical or mental harm or anxiety or which demeans, degrades or disgraces a person, regardless of location, intent or consent of participants.

Athletes must also remember that they are ambassadors and representatives not only of them, but also of their coaching staff, parents, and school officials. Furthermore, rules of the contest and of those who administer them must be respected at all times.

Classroom Assignments:

Athletics should NEVER be used as an excuse to avoid responsibilities in the classroom. Participation in athletics is a privilege, not a right thus academics must come first. In addition, athletes must be in attendance the day of an interscholastic activity in order to participate. The Athletic Administrator or Principal shall handle exceptions.

Attendance:

A. POOR ATTENDANCE

1. Absence – Any student absent from class on the day of an activity or the day prior to a weekend activity will not be permitted participation that day or evening unless an excuse has been granted, **in advance** by the Athletic Administrator.
2. Truancy – Any student who is declared truant will be ineligible for a period of one (1) week after the infraction is discovered.

OFF-SEASON SPORT/CONDITIONING

STUDENT:

I am aware playing or practicing to play/participate in any sport can be dangerous activity involving MANY RISKS OF INJURY, I understand that the dangers of risks of playing or practicing to play/participate in an off-season sport/conditioning program include, but not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, serious injury or impairment to other aspects of my body, general health, and well-being. I understand that the dangers and risks of playing or practicing to play/participate in an off-season sport/conditioning program may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in a sporting activity, I recognize the importance of following coaches' instructions regarding playing techniques, training, and other team rules, etc., and agree to obey such instructions.

In consideration of the Carson City School District permitting me to participate in an off-season sport/conditioning program and to engage in all activities related to said program, I hereby assume all risk associated with participation and agree to indemnify, defend and hold the Carson City School District, its Trustees, employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions causes of action, debts, claims or demands of any kind and nature whatsoever which may arise by or in connection with my participation in an off-season sport/conditioning program.

The terms hereof shall serve as a release and assumption of risk for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

PARENT/GUARDIAN

I affirm that I am the parent/legal guardian of the previously mentioned student. I have read the student warning and release and understand its terms. I understand that all sports can involve RISK OF INJURY, including, but not limited to, those risks outlined in the Student section.

In consideration of the Carson City School District permitting my child/ward to participate in an off-season sport/conditioning program and to engage in all activities related to said program, I hereby agree to indemnify, defend, and hold the Carson City School District, its Trustees, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims or demands of every kind and nature whatsoever related to an off-season sport/conditioning program.

I certify that my child/ward has no ailment or organic defect that would make participation in a sport activity dangerous to his/her health. I also certify that there is a current physical on file with the school clearing my child/ward to participate in an off-season/conditioning program.

The terms hereof shall serve as a release for me, my heirs, estate, executor, administrator, assignees, and for all members of my family.

Start of season Eligibility:

All athletes must maintain a Grade Point Average (GPA) of 2.0 **WITHOUT FAILURES (F) in ANY** class. The students' athletic season will determine whether their initial eligibility will be calculated from Quarter or Semester grades.

Start of Season eligibility will be determined by the athlete's most recently completed semester grades (Fall and Spring Sports) or quarter grades (Winter Sports).

Academic Probation: If a student- athlete is academically ineligible to start the sports season, that student can still tryout or participate in that sport. It is up to the coach's discretion to cut an athlete based on their grades. Ineligible student athletes will serve a 3-week academic probation to start the season in which they cannot compete in any contests (scrimmage or game) during that time. When grades are checked after three weeks, if the student – athlete is in good academic standing, they are allowed to compete in athletic contests immediately. Student – athletes can practice during academic probation, but may not be excused from school for athletic related events.

In – Season Grade Checks:

All Athletes at Carson High must maintain passing grades (No F's) during the sports season.

The first grade check will take place three weeks into the sports season; the following policy applies to in – season checks.

Week 1: Grace Period Week- Student – athletes are given a 1 week “Grace” period week to raise their grades to the minimum or above on their own with no penalty.

Important Note: It is the responsibility of the coach to communicate to athletes and assistant coaches on the eligibility status of athletes.

Week 2: Mandatory Study Hall/can compete in contests- Grades are checked again after one week, and if a student still has an F in the same class or classes, they are required to attend an after school study hall in which they may miss practice time. During this week, if a student has a contest that conflicts with study hall, they can miss study hall because student-athletes are allowed to compete during this week. They can be taken off the study hall/ ineligibility list at any time during this week by having their grades verified with the AD, or Laurie Sheets in the office.

Week 3: Mandatory Study Hall/No Competition:

Grades are check again for a third time the next week. If a student is failing the same class or classes they must attend mandatory study hall, and cannot compete during this week. They can be taken off the study hall/ineligibility list at any time during this week by having their grades verified with the AD or Laurie Sheets in the office. They are immediately eligible to complete if taken off the list.

Start of Week 4: Student – Athlete Academically Ineligible

After this three week process is over, if the student still has not raised their grades they will be ineligible to compete for the remainder of the season and cannot participate in the sport (meaning practice or being a manager). The whole three week process starts over at this point for all athletes during that sport season.

General Rules Regarding Eligibility- Eligibility Of Student To Participate In NIAA Sport

A student is presumed eligible to compete or practice in a NIAA sport subject to all of the other rules governing eligibility, if the following basic criteria are met:

- a. The student is enrolled in the ninth, tenth, eleventh or twelfth grade of a member of affiliate school; and
- b. The student resides within the boundaries served by the member or affiliate school as specifically set forth in Regulation 20170.050; and
- c. The student has complied with all eligibility rules and regulations of the NIAA, the member or affiliate school, and the school district having jurisdiction over the member or affiliate school the student attends; and
- d. The student has not graduated from high school or received a general education development certificate (GED); AND
- e. The pupil is not enrolled full time in a college, junior college, or other post-secondary institution; and
- f. The student has not participated on a college, junior college, or other post-secondary institution athletic team; and
- g. The student has not competed as a professional in the sport the student is seeking to participate in at the NIAA level.

Length of Participation- Maximum Period of Participation

Following enrollment in the Ninth grade a student shall be eligible to participate in a NIAA sport for a period not to exceed 4 consecutive years or 8 consecutive semesters.

- a. No student shall be eligible to participate more than 4 seasons in any one sport.
- b. No student shall be eligible to participate in the same sport more than one time during a school year regardless of where the participation occurs.

1. Not accept any award of material value for athletic participation other than those given by the school or the association or approved by the Board of Control.
2. Be in good standing and not under current suspension or expulsion from any school.
3. All student athletes who are suspended from Carson High School or any other school are not allowed to participate in extra curricular/sports, including practice, during the suspension term.
4. **Attend all classes on the day of the scheduled event or attend all classes the last school day prior to a scheduled event. Any recorded absence will result in being ineligible for the scheduled event. The student can have an absence waived if they provide professional proof that the absence was for a doctor's appointment by the end of the school day prior to the scheduled event.**
5. All student athletes and parents/guardians must read the NIAA Drug, Alcohol and Tobacco Possession Policy on "registermyathlete.com or NIAA.COM

In addition, any student/athlete who is arrested and awaiting court action will not be allowed to participate on any team until the alleged violation is resolved in the court system. Students in violation of these guidelines will be subject to suspension and due process.

Transportation:

Students are required to ride the activity bus to and from each athletic contest of activity. Alternate travel from the activity must be **arranged twenty-four (24) hours prior** to leaving for the activity. The Parent Release Form to Pick Up Student(s) requesting the change of transportation must be submitted first to the Athletic Director or Administrator and then to the coach or advisor of the activity. Upon their approval, the student may then leave after the activity with the approved party. This alternate means of travel can be completed with the release of the student to a parent or guardian only. (A student is NOT allowed to ride home with a friend or anyone under the age of 18).

The Parent Release Form to Pick Up Student(s) can be download from the Carson High School Web, or in the Athletic office.

Your e-signature under "Electronic Document" in Register My athlete. Indicates that you have read, understand and agree to the conditions and requirements listed for participation in athletic or activity at Carson High School.

INSURANCE

All Carson High School athletes are covered by Carson City School District as a secondary insurance to their parent /guardians health insurance.

To file a claim of injury:

1. Carson City School web site
2. Click on Safety Services.
3. Report an Incident, Accident or Injury.

FOOTBALL HELMET WARNING

When students are issued their helmets, they are expected at that time to read the warning label on the helmet.

STUDENT/ATHLETE REGISTRATION FORM, HOLD HARMLESS AGREEMENT & ATHLETIC REGULATIONS AGREEMENT AND ASSUMPTION OF RISK AGREEMENT

Can be obtained in the Athletic office for Pre Season participation.

IF WE ARE USING AN OFF CAMPUS FACILITY (WAREHOUSE, ETC.) ANY DAMAGE DONE TO THIS FACILITY BY YOUR CHILD WILL BE YOUR FINANCIAL AND LEGAL RESPONSIBILITY.

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. *Therefore, the possession or use of any controlled substance, designer or synthetic drug or naturally occurring drug, alcohol or any tobacco products, e-cigarettes or other product that delivers nicotine or mimics the reaction of nicotine without a prescription from a physician* by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

a. Definitions The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.

1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. *If a violation of this regulation occurs during a time when a student athlete does not appear on a NIAA roster, the suspension will only be satisfied the next sport season on a team in which the student athlete has previously appeared on a NIAA roster as a member in good standing. Attendance in a summer school class shall not apply toward satisfying any period of suspension.*

4. Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance, *designer or synthetic drug or naturally occurring drug, alcohol or any tobacco products, e-cigarettes or other product that delivers nicotine or mimics the reaction of nicotine without a prescription from a physician.*

b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic designer or synthetic drug or naturally occurring drug, alcohol or any tobacco products, e-cigarettes or other product that delivers nicotine or mimics the reaction of nicotine without a prescription from a physician (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition *from a sport in which the student's name has appeared on any NIAA roster*, beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.

2. Second Violation: The student shall be suspended from interscholastic competition *from a sport in which the student's name has appeared on any NIAA roster for a minimum of ninety (90) school days* which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following **the ninety (90) school day** suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.

A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.

B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.

3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.

4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.

c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.

d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA.

1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:

A. The completion of a web-based video or DVD program approved by the NIAA or school district specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the above mentioned program(s) by the student athlete and his/her parent(s) or legal guardian(s).

B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office

Both the student /athlete and the parents or legal guardians are required, prior to participation to electronically sign Document found in " REGISTER MY ATHLETE.COM" under electronic Documents.

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT
ADMINISTRATIVE REGULATION NO. 547 PUPILS**

ANTI-HAZING

Definitions

“**Hazing**” means any action taken or situation created that causes, or is reasonably likely to cause, harassment, bodily danger or physical harm, serious mental or emotional harm, extreme embarrassment or ridicule, or personal degradation or loss of dignity to any student or other person associated with the school.

Consent is no defense to hazing: i.e. the implied or expressed consent of a person or persons to hazing shall not be defense to discipline under this policy.

“**Related initiation activity**” means any method of initiation or pre-initiation into a student organization, club or team, or any pastime or amusement engaged in with respect to such club, or team that causes or is reasonably likely to cause, bodily danger or physical harm, serious mental or emotional harm, extreme embarrassment or ridicule, or personal degradation or loss of dignity to any student or other person associated with the school.

The terms “**hazing**” and “**related initiation activity**” do not include customary athletic events, intramural activities or similar student contests or competitions.

“**Conspire to engage in hazing**” means to plan, encourage, fail to prevent or fail to report hazing and related initiation activities prohibited by this policy.

Prohibited Conduct

Activities that may be construed as hazing under this policy include, but are not limited to, the following:

- Any act that involves physical brutality or physical aggression that causes or is reasonably likely to cause bodily danger or physical harm to an individual.
- Any act that involves forced consumption of food, alcohol, drugs or other substance, or any other forced physical activity that could adversely affect the physical health or safety of an individual.
- Any activity that would subject an individual to extreme mental stress, embarrassment or emotional harm, or any other forced activity that could adversely affect the mental health or dignity of the individual.

Examples of Hazing

- Any activity that might reasonably bring physical harm to an individual, such as whipping, beating, paddling, taping or otherwise restraining students against their will, including forced calisthenics.
- Activities that unreasonably interfere with a student’s academic efforts by causing exhaustion, prolonged loss of sleep or loss of study time.

REGULATION NO. 547 – CONTINUED

Examples of Hazing Cont.

- Degrading or humiliating games, pranks, stunts, practical jokes or other activities that make a student the object of amusement, ridicule or intimidation.
- Coercing or permitting students to drink alcohol or consume illicit drugs or controlled substances.
- Forcing, coercing or permitting students to eat or drink foreign or unusual substances or foods.
- Applying whipped cream, shaving cream, toothpaste or other substances to an individual’s body.
- Requiring personal servitude.
- Requiring students to wear uncomfortable, ridiculous or embarrassing clothing.
- Requiring students to participate in vandalism, theft, assault, sexual acts or other criminal activity.
- Causing indecent exposure of any other gross and lewd behavior involving nudity.
- Subjecting an individual to cruel or unusual psychological conditions for any reason.
- Compelling an individual to participate in any activity that is illegal, perverse, publicly indecent, contrary to the individual’s genuine moral or religious beliefs or contrary to the rules of the School District.

Adopted: August 24, 2004

Both the student/athlete and the parent of legal guardians are required, prior to participation to sign the “ANTI-HAZING” agreement (Electronic Documents) in register my athlete.

CONCUSSION POLICY

Dear Parent/Guardian:

Carson High School will utilize the ImPact Concussion Management software program on student athletes participating in selected sports offered at Carson High School. The intent of this program is to reduce the risk of injury to your son or daughter due to concussions.

Students who participate in any sport at Carson High School will be required to perform the Concussion test before the season begins. The cost of the annual fee is \$5.00 to cover all expenses for the test and follow-up, if necessary.

ImPact Concussion is a computerized test that measures “cognitive” functions such as reaction time, attention and memory. Each athlete will take a test prior to the season. If your child is concussed during the season he/she will perform another test, which will be compared to the pre-season results. The test results will be sent to your local physician or team doctor, and will help the doctor to determine when it is safe for your child to return to play.

Our High School has decided to use this program because we value the health and safety of your child.

If you have any questions regarding this program, please feel free to contact the Carson High School Athletic Department at 283-1900.

Sincerely yours,

Blair Roman
Athletic Director

Your signature in register my athlete indicates that you have read, understand and agree to the Concussion Policy.

Athletes that have played for another High School must follow the instructions on “REGISTERMYATHLETE.COM “ Athletes will not be eligible to play until Transfer is complete.

**RANDOM URINE DRUG TESTING OF
CARSON HIGH SCHOOL ATHLETES**

Statement of Need and Purpose

Recognizing that observed and suspected use of alcohol and illicit drugs by Carson High School students is a serious concern. A program of deterrence will be instituted as a pro-active approach to a truly drug free school. Likewise, students using illegal drugs pose a threat to their own safety, as well as to that of other students.

For more explanation of this Regulation, please log onto the Carson City School District website at www.carsoncityschools.com. Regulation #534 is also found on "registtermathlete.com and must be electronically sign by student parent/guardian.

**Contact Information
Athletic Office**

CHSathletics@carson.k12.nv.us

Athletic Administrator		
Athletic Director	Blair Roman	broman@carson.k12.nv.us
Athletic Secretary	Laurie Sheets	lsheets@carson.k12.nv.us

Coaches and Sports

Fall Season

(from about August 17 – November 13)

Sport	Teams	Head Coach
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Football	Fresh-JV-Varsity	
Cross Country	JV-Varsity	
Boy's Soccer	JV-Varsity	
Girl's Soccer	JV-Varsity	
Boy's Tennis	JV-Varsity	
Girl's Tennis	JV-Varsity	
Girl's Golf	Varsity	
Volleyball	Fresh-JV-Varsity	
Spirit	JV-Varsity	

Winter Season

(from about November 14 – March 10)

Sport	Teams	Head Coach
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Girl's Basketball	Fresh-JV-Varsity	
Boy's Basketball	Fresh-JV-Varsity	
Wrestling	JV-Varsity	T
Spirit	JV-Varsity	
Ski	Varsity	

Spring Season

(from about March 11 – May 30)

Sport	Teams	Head Coach
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Baseball	JV-Varsity	
Softball	JV-Varsity	
Boy's Golf	Varsity	
Swimming/Diving	Varsity	
Track	JV-Varsity	

Additional Information on the Web

CHS Web site	http://www.carsonhigh.com
NIAA	http://www.niaa.com
Register My Athlete	http://www.registermathlete.com